

We invite you to come and create healing art with the guidance of local artists. Express your grief through the creative process of making meaningful and healing artwork. *No art experience necessary!* It's not about the product, but the creative process of expressing your grief. Enjoy the process, the company of others, and tuning in creatively.

Workshops guided by local artists

choose from several art forms

- Pottery
- Landscape Canvas
"Dreamscapes"
- Passage Quilts
- Memory Box
- Zentangle
- Photography

*Description of workshops is included
call Peg Lynch at 800-928-4243
for further details*

Benefits of expressing your grief through art ~

- Creative arts can help you express emotions that are hard to put into words. It also allows you to express the extreme emotion of anger and pain in a safe manner.
- Creative arts can give you a feeling of empowerment, capability, and freedom that your grief may have robbed from you, along with the ability to create beauty or find hope amidst tragedy is life affirming.
- Your art can help you understand yourself better and help bring closure to your grief.
- Creative art is enjoyable and a welcome respite from your heavy bereavement. It can help fight depression. You may also find creating art can be relaxing and help you to find inner peace and calm.

Art of Hope REGISTRATION FORM

Name _____

Phone _____

No charge for workshops
Please check the workshops you are attending:

Pottery

February 27th 12 from 1-4.
ORVAG Washington Guild Hall

Landscape Canvas "Dreamscapes"

March 15th from 6 – 8 p.m.
ORVAG Washington Guild Hall

Passage Quilt

April 14 from 4:30– 7 p.m.
Hospice of Hope Administrative Office (Maysville)

Memory Box

May 12 from 5-7p.m.
Hospice of Hope Ohio Valley Mt. Orab Office

Zentangle

May 17th, 6:30 – 8:30pm,
Hospice of Hope Administrative Office (Maysville)

Photography

If Interested call Peg Lynch to discuss ideas.

To register, call Peg Lynch at 1-800-928-4243; or email plynch@hohope.org. or mail registration form to:

Hospice of Hope Ohio Valley
Attn: Peg Lynch
215 Hughes Blvd.
Mt. Orab, OH 45154;

Art Showing

The art series will culminate with an Art of Hope showing on June 3rd, 2016 from 5:00 to 7:00 p.m. at the Cox Gallery located in the Cox Building at 3rd & Market Streets in downtown Maysville.

Any individual or group may submit healing creative artwork for the art show, regardless of whether you attend the series.

Other forms of art could include:

- quilting
- knitting
- wood carving
- jewelry making, etc.

** Art must be created for the purpose of creatively expressing your grief. **



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Maysville, KY 41056

606-759-4050
800-928-4848



215 Hughes Blvd.
Mt. Orab, OH 45154

937-444-4900
800-928-4243

www.hospiceofhope.com



Visit our “Hospice of Hope
Grief and Loss Services” page

Hospice of Hope bereavement programs and support groups are free and open to the community. Individual support is also available. For more information, contact Peg Lynch at 800-928-4243.

Art of Hope



*Please Join us for
Expressions of
Grief...
Hospice of Hope
Art Series 2016*