

Art Showing

The art series will culminate with an Art of Hope showing (date and time to be determined).

Any individual or group may submit healing creative artwork for the art show, regardless of whether you attend the series.

Other forms of art could include:

- quilting
- knitting
- wood carving
- jewelry making, etc.

** Art must be created for the purpose of creatively expressing your grief. **



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Maysville, KY 41056

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Mt. Orab, OH 45154

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800-928-4243

www.hospiceofhope.com

Visit our "Hospice of Hope
Grief and Loss Services" page



Hospice of Hope bereavement programs and support groups are free and open to the community. Individual support is also available. For more information, contact Peg Lynch at 800-928-4243.

Hospice of Hope Art Series

art of hope



Expressions of Grief...

My heart takes my art where it wants to go!



expressions of grief ... my heart takes my art where it wants to go!

We invite you to come and create healing art with the guidance of local artists. Express your grief through the creative process of making meaningful and healing artwork. *No art experience necessary!* It's not about the product, but the creative process of expressing your grief. Enjoy the process, the company of others, and tuning in creatively.

Half-day workshops guided by local artists

choose from several art forms

- *Memory-Making Activities*
- *Photography*
- *Clay and Found Objects*
- *Drawing/Creative Writing*
- *Mosaic Garden Memory Stone*

Benefits of expressing your grief through art ~

- Creative arts can help you express emotions that are hard to put into words. It also allows you to express the extreme emotion of anger and pain in a safe manner.
- Creative arts can give you a feeling of empowerment, capability, and freedom that your grief may have robbed from you, along with the ability to create beauty or find hope amidst tragedy is life affirming.
- Your art can help you understand yourself better and help bring closure to your grief.
- Creative art is enjoyable and a welcome respite from your heavy bereavement. It can help fight depression. You may also find creating art can be relaxing and help you to find inner peace and calm.

art of hope

REGISTRATION FORM

Name _____

Phone _____

No charge for workshops

Please check the workshops you are attending:

Memory-Making Activities

January 12, 2013 from 9 a.m. to 12 noon

Location: Hospice of Hope office (Maysville)

Workshop led by Rachel Bollman, member of Society of Children's Book Writers/Illustrators

Clay and Found Objects

1st session: January 12, 2013 from 9 a.m. to 12 noon

2nd session: March 9, 2013 from 9 a.m. to 12 noon

Location: Ohio River Valley Artists' Guild in Washington

Workshop led by Megann Thomas and Toby Fried

Photography

1st session: January 26, 2013 from 9 a.m. to 12 noon

2nd session: February 23, 2013 from 9 a.m. to 12 noon

Location: Hospice of Hope office (Maysville)

Workshop led by Kim McKisson, Photographer/Artist

Drawing/Creative Writing

1st session: January 26, 2013 from 9 a.m. to 12 noon

2nd session: March 9, 2013 from 9 a.m. to 12 noon

Location: Hospice of Hope office (Maysville)

Workshop led by Sherry Mitchell, Hospice of Hope Volunteer and Jeanette Dickison, MCTC Art Teacher

Mosaic Garden Memory Stone

February 23, 2013 from 9 a.m. to 12 noon

Location: ORVAG Studio in Old Washington

Workshop led by Stephanie Martinez and Jeremy Hawkins, Mason County High School Art Teachers

To register, call Peg Lynch at 1-800-928-4243 or mail registration form to: Hospice of Hope Ohio Valley, Attn: Peg Lynch, 215 Hughes Blvd., Mt. Orab, OH 45154, or email plynch@hohope.org. Please register by December 28th so we can order supplies.